



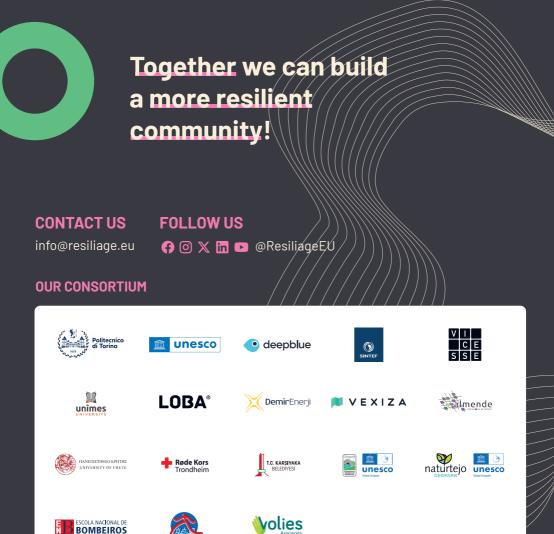
Trondheim Red Cross (TRC) is an **emergency preparedness organisation** with a team of 800 volunteers and 19 employees, dedicated to supporting and protecting 212 660 inhabitants in Trondheim, **Norway**.

TRC specialises in **detecting and preventing distress**, providing swift and effective responses to crises, and **reinforcing the local community's resilience**. Currently, its aim within the project is to explore the **health and well-being** impacts of acute incidents, such as **landslides** and **urban fires**, through workshops and simulations to **understand their psychological effects on populations**.



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This CORE Lab is part of RESILIAGE, an Horizon Europe funded project and will focus on **Health and Well-being**. The aim is to foster an individual's physical and psychological well-being and protective behaviour in all phases of Disaster Risk Management, with a special focus put on post-traumatic stress.





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